

**ADDITIONAL BENEFITS  
INCLUDED WITH NGH CERTIFIED  
HYPNOTIST TRAINING  
PROGRAM:**

Upon successfully completing the NGH  
Certified Hypnotist Training Program,  
these are the NGH Membership benefits:

**NGH MEMBERS RECEIVE:**

- Quality Training/Instructional Materials
- Hypnosis Educational Conference
- Affordable Malpractice Insurance Available
- Legislative Updates and Support
- The "Hypno-Gram" Quarterly Newsletter
- The "Journal of Hypnotism" Quarterly Magazine
- Referrals Through Computer Listings
- Video and Audio Rental Library
- Book, Tape, and Video discounts
- Chapter Networking and Education
- Accessible and Continuing Education Programs
- Professional Services by a Professional Staff
- Union Membership Available

**NFNLP Certification includes a one-year membership into the NFNLP and community access.**



**ALL FAITHS SEMINARY  
INTERATIONAL**

*~ PRESENTS ~*

A 10-month Dual NGH Hypnosis &  
NFNLP Neuro-linguistic Programming  
Basic Level Certifications, called:

***The Art of Spiritual Hypnosis***  
with NGH Certified Hypnosis Instructor  
and NFNLP Master-Level Trainer:  
Rev. Janice Matturro, Ph.D.

This comprehensive course delves into the core principles of both hypnosis and Neurolinguistic Programming, providing advanced training in applying these core principles to master *The Art of Spiritual Hypnosis*. Students gain specialized knowledge in integrative self-directed motivational and success strategies.

Students will receive after 140 hours of training:

- \*Dual Certification in Hypnosis and NLP
- \* Membership

**For those who are registered as a student, a  
Welcome Orientation will take place via the  
Zoom Platform on:**

**Wednesday Evening, October 4, 2023**

Classes will be held on the Third Sunday of each month and on the first and last Wednesday evenings of each month. Starting October 2023 and ending July 2023 Graduation will take place August 7th, 2024 virtually.



*For More Information Contact:*

**Fran Cosentino, AFSI Bursar/Registrar**  
212.866.3795 or Email her:  
[infoallfaithsseminary.org@gmail.com](mailto:infoallfaithsseminary.org@gmail.com)

**THE INNER WORKSHOP HYPNOSIS, LLC**  
*"Creative Solutions for Personal Success."*



## **The Inner Workshop, LLC -- NGH Certified Hypnotist Training Program**

The NGH/NFNLP Certified Hypnotist & Basic NLP Training Program is designed to offer those preparing for a professional hypnotism career a comprehensive and in-depth course of study that covers all aspects of building a successful career in hypnotism, i.e., practical training in hypnosis techniques, office structure, NLP and rapport-building techniques, ethics and standards, sales, and marketing tips, and so much more.

The Inner Workshop, LLC offers private, flexible, individualized training sessions that work around your busy lifestyle commitments and individual learning styles.

**Program consists of 140 hours of online instruction, home-play assignments, and practice. Hypnotism -- 75 hours online and practice, plus 25 hours of home-play assignments; NLP – 40 hours Online classroom, home-play assignments, and practice.**

### **NGH and NFNLP Certified Hypnotist Training Program: Course Outline.**

The NGH Professional Hypnotist Training Manuals are the basis of the classroom instruction for Hypnotism and the NFNLP Manuals for NLP. The total course is 140 hours, combining Online class participation, Home-play assignments, and practice requirements. When all requirements (online/Home-play, practice, and written

examinations) are completed and reviewed for acceptance by Janice, you will be awarded your NGH Certified Consulting/Hypnotist certification and NFNLP Basic Training Certification.

#### **Part One: Basic Hypnotism Training**

- Introduction – Training Goals
- What is Hypnosis?
- In-depth Discussion on the Subconscious and Conscious Aspects of Mind and Their Importance.
- Preliminary Suggestibility Testing
- Favorable and Unfavorable Influences
- Contraindications of Hypnosis
- History of Hypnotism.
- Rapport Building
- How to Hypnotize: Conduct Depth Tests and Emerging Processes.
- Trance Depth
- Suggestion Management
- Client Strategy
- Mechanical Aids
- A Variety of Inductions
- Deepening Techniques
- Miscellaneous Information on Hypnotism.
- Anesthesia Management
- Smoking Cessation
- Weight Management
- Stress Management
- Ethics and Standards.

#### **Part Two: Advanced Hypnotism, Mindfulness, and NLP Training**

- Introduction to Neuro-Linguistic Programming (NLP)
- Major Presuppositions of NLP

- Sensory Acuity and Rapport
- Eye Movements
- Representational Systems
- Predicates
- Study of Sub-modalities & Distinctions
- Anchoring
- Mirror Neurons
- Introduction to Meta Model
- Exquisite Information Gathering
- Introduction to NLP Coaching Pattern
- Plethora of NLP Techniques
- Introduction to TimeLine
- Integrating Hypnosis, NLP, Mindfulness
- Session Structure
- Behavioral Assessment
- Image Psychology and Hypnosis
- How to Conduct Multiple Client Sessions
- Additional Scripts and Techniques
- How to Run Self-Hypnosis Course
- The Use and Benefits of Ideo-motor Response
- Age Regression
- Regression Exploration/Journeys
- The Affect Bridge
- Automatic Writing
- Review of Pertinent Terminology
- Building Your Business. . . Your Way
- Additional Hypnotism Miscellany
- Ericksonian Approaches to Hypnotism
- Mind/Body Connections
- Myths in Hypnotism
- ESP and Hypnotism
- Developing Hypnosis Coaching Skills
- Identifying your Niche
- Legal Considerations and Adherence to State Laws
- Final Examinations