

# NFNLP Certified Basic Practitioner Online Workshop

### Neuro-Linguistic programming (NLP) - The Science of Excellence & Art of Change

NLP is the art and science of personal excellence, derived from studying and modelling experts in different fields who achieved outstanding results. NLP has a set of practical, simple and easy techniques for rapid personal growth and influence. It is the study of the structure of subjective experience. NLP is about using what works and discarding what does not.

"If you always do what you've always done, you'll always get what you've always got!" "If what you're doing isn't working -- do something else!"

While other approaches tell you just WHAT you need to do, *NLP is a HOW-TO technology* and hence the learning is experiential. The participants practice various techniques in pairs or groups and experience it themselves.

NLP is extensively used in Business, Life Coaching, Executive Coaching, Performance Coaching in Sports & Fine Arts, Therapy, Education and more... The list is long but not exhaustive.

This course is for you, if you say "YES" to any one of the following

You are committed to learn more about yourself

You are seeking to have more control over your emotions and behaviours

You wish to remove obstacles that are holding you back from being more successful

You want to communicate more effectively & efficiently

You dream of becoming more self-confident

## **Outcomes of the Workshop**

Know yourself better and make the necessary changes to realise your true potential

Uncover limiting/disempowering beliefs and replace them with empowering beliefs

Releasing unhelpful behaviour patterns

Peak Performance in Sports, Academics and Career

Master your mind and emotional states

Develop powerful communication skills and thereby improved interpersonal relationships

Improved motivation and confidence

Tools to deal with excessive fear and phobias

Methodologies to carve our goals and manifest them

Transform yourselves and help others transform themselves

# **Workshop Facilitators**



#### Indu Bhuvanesh



- NFNLP certified NLP Trainer & Educator
- UGC-NET qualified Lecturer (HRM & Pub.Ad)
- Founder of SPARKLE (Forum for Integrated coaching, training and holistic healing)
- Has a teaching career spanning over 15 years
- Offers online certification courses in collaboration with colleges across India
- Holds Masters in HRM, M.Com, Public Administration, M.Phil (Public Administration) & M.Sc Psychology.
- NFNLP certified NLP Trainer & Practitioner
- NFNLP Certified Sports & Performance Specialist
- EFT Practitioner

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- He is one of the handful of NFNLP Certified Sports & Performance Specialist in India.
- Holds Masters in Psychology
- He has over 35 years of experience in Sales & Marketing Widely uses NLP, Metaphors of Movements & EFT in his practice
  - Workshop Dates and Time

- Widely uses NLP, TA, Metaphors of Movements in her coaching and therapy practice.
- She combines psychological tools with traditional spiritual practices to offer healing.
- Specializes in psycho-spiritual approach to NLP.
- Offers training to corporates, educational institutions and one- on-one coaching to individual clients.
- As a Peak Performance Coach, he specialises in Sports. A couple of his wards have gone on to excel in the National and International arena. One of his wards has won the World U-16 Women Snooker Championship in 2017 at St Petersburg, Russia.
- Offers training to corporates, educational institutions and one- on-one coaching to individual clients.

## **Online Mode – Wherever you are, enroll for the course**

You could be anywhere in the world and yet attend the workshop. And all you would need is a Desktop/Laptop with audio/video support and a stable internet connection.

Attendance is mandatory for all sessions.

Certificate will be issued by NFNLP, USA within 6 weeks of completion.

Early Bird Discount available till 26th January 2021

# **Register Now !!**

Hurry!!!Only Limited Seats available

Course Fee: Early Bird Fee:

₹.16000/-₹.14000/-

(Includes all training materials and a certification fee)

**Call:** Indu Bhuvanesh K Narayanan

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### **Click here to Register**