

The Magic of NLP Retreat in Bali



God may forgive your sins, but your nervous system won't.

Anon about Alfred Korzybski

A life-changing retreat

Be enchanted by life on the beautiful island of Bali. You will come away from this life-changing retreat with greater self-knowledge and more in control of yourself and your actions. Staying in Ubud, the cultural heart of the Indonesian island of Bali, you will experience your personal journey of self-discovery in a place like no other on this Earth.

Composed of a combination of sound healing, classroom sessions, temple visits and free-time, your itinerary is the perfect balance of restorative action, education and holiday fun. You will return home feeling emotionally clearer and wiser.

How can NLP help you?

NLP can be used for a wide range of personal, business and sporting challenges. It can help with issues from changing negative self-limiting beliefs, to dealing with fears, phobias and unresolved grief. It is as powerful and effective when used for self-discovery as it is for business negotiations.

- Develop effective communication and influencing skills
- Master self-motivation and learning techniques
- Improve your relationships with your children, spouse and work colleagues
- Gain self-awareness and strengthen your focus
- Improve your problem-solving and decision-making skills
- Learn powerful techniques that will change your life

What is NLP (Neuro-Linguistic Programming)?

You can think of NLP as an owner's manual for the human brain. It's the analysis of how we think, feel and act; marked by an intense curiosity about how human beings get the results they do. It is a set of models and principles used to describe the relationship between mind, language (verbal and non-verbal), and perception. It is based on the idea that with our physical senses we are only able to perceive a small part of the world. Our view of the world is filtered by our experiences, beliefs, values and assumptions. NLP embodies techniques that can change the way we think, learn and communicate.

About the NLP course

The Basic Practitioner Intensive Course with sound healing and is perfect for busy professionals and parents who want to learn and apply the basic concepts of NLP to improve their working and home lives. Accredited by NFNLP (USA), this course is a fast-track course conducted over two consecutive weekends. It is designed to effectively and efficiently deliver the following preliminary concepts and techniques.

- Rapport
- Meta Model
- Eye Accessing Cues
- Time Line™ Mapping
- Fast Phobia Cure
- Anchoring
- States of Excellence
- Swish Pattern
- Visual Squash
- Parts
- Reframing
- ...and much more

Accreditation

This course is accredited by the NFNLP (National Federation of Neurolinguistic Programming) in the USA, an international organisation founded by Dr William Horton. On completion of the course and its performance requirements, you will receive a Certificate as Basic Practitioner of Neurolinguistic Programming.

This course is delivered by Rita Baki

Rita is the Managing Partner, Co-owner and Programme Director at The Change Associates. She is a NFNLP Master Trainer and member of the National Guild of Hypnotists. Rita is also a Tibetan singing bowls sound healer and a teacher of Feminine Flow dance leader.

Dates and timings

Monday 27th November to Saturday 2nd December 2017

Options

- 8,111 AED including accommodation on a single occupancy basis.
- 6,999 AED including accommodation on a double occupancy basis.
- 4,999 AED including accommodation on a single occupancy basis for course repeaters.
- 4,111 AED including accommodation on a double occupancy basis for course repeaters.

Includes:

- 6 days, 5 nights stay in the Shakti Deluxe Room
- One complimentary spa treatment at Bodyworks Spirit, 15% discount for further treatments
- Welcome drink on arrival
- Daily breakfast
- Lunch on 6 days with vegetarian and non-vegetarian options

- Dinner on 5 days with vegetarian and non-vegetarian options
- Daily complimentary afternoon tea
- Free mineral water refills
- Daily scheduled shuttle service to Ubud centre
- All local taxes and service charges

Excludes:

- Flights. Emirates fly direct to Denpasar International Airport.

Accommodation

The Om Ham Resort and Retreat is one of Bali's unique retreat centres, infused with love, good intention and tangible energy by Guru Ketut Arsana. It is the perfect place to recharge positive energy in an awe-inspiring and natural environment. Healthy meals are included in your full board retreat package. For more information and to view the gallery visit www.omhamretreat.com



How to book

Limited places are available. Registration is confirmed on payment of deposit and completion of the Course Registration Slip below, email it to us at bookings@changeassociates.ae before 4pm Wednesday 1st November 2017.

Please make full payment by 4pm Wednesday 1st November 2017. Payment can be made by cash or cheque made payable to The Change Associates FZ LLC. Bank transfers and deposits are also accepted, please email us for bank details.

Additional notes

- In the rare occasion that a course maybe cancelled due to unforeseen conditions, any deposit paid will be fully refunded.
- The Change Associates reserve the right to change venue or trainer.

Registration

Please complete, print and sign this section and email it to bookings@changeassociates.ae

The Magic of NLP Retreat in Bali		
Name (as it would appear on the certificate)		
Occupation		
Mobile		
Email Address		
Please indicate if your ongoing interest in training and therapies by checking all that apply...		
Professional Services	Personal Services	Corporate Services
<input type="checkbox"/> Master NLP	<input type="checkbox"/> Parenting	<input type="checkbox"/> NLP for Business
<input type="checkbox"/> NLP Coach	<input type="checkbox"/> Stop Smoking Therapy	<input type="checkbox"/> EI for Business
<input type="checkbox"/> NLP Hypnotherapist	<input type="checkbox"/> Weight Management	<input type="checkbox"/> Stressed to Best
<input type="checkbox"/> EQ Coach	<input type="checkbox"/> Self-Hypnosis	<input type="checkbox"/> Marketing with EI
<input type="checkbox"/> EFT Practitioner	<input type="checkbox"/> EFT Level 1	<input type="checkbox"/> EFT for Corporate
<input type="checkbox"/> TA Practitioner	<input type="checkbox"/> Life Coaching	<input type="checkbox"/> Leadership Coaching
Signed	Date	

We, at The Change Associates respect your privacy. We protect your personal information and adhere to all legislative requirements with respect to protecting privacy. We do not rent, sell or trade our mailing lists. The information you provide will be used to process your registration and to keep you informed and up to date on the activities of The Change Associates, including programs, services, special events, funding needs, and more through periodic contact. If you do not wish to be kept up to date, please check this box .

If you wish to be removed any time in the future, simply email us at contact@changeassociates.ae

For more information, please email us on bookings@changeassociates.ae or call on +971 4390 2217

FAQs

Tell me more about Rita

Rita Baki brings twenty years of training and teaching experience to this course. She delivers her courses with a rare passion and energy while supporting participants through their own personal change and transformation. This course has been provided past students with the confidence to enter the Coaching industry and deliver client servicing excellence.

How long is the actual NLP course?

The course is delivered over six days and is a unique experience of sound healing, fun holiday activities as well as NLP. It is delivered with wisdom, empathy, high energy, impactful hands-on learning methods as well as a rigorous approach to application and practice.

Is the flight included?

Flight is not included, so please book your own flight to arrive Sunday 26th November and leave Sunday 3rd December 2017.

Can I extend my holiday?

Of course, but we cannot guarantee hotel availability. Additional nights will be chargeable and payable directly to the hotel. Please let us know if you wish to extend your stay and we will contact the hotel on your behalf for rates.

How many are on the retreat?

Groups are kept limited to ensure high attention to each participant and time is optimised throughout the day.

Is there any reading material required prior to the course start?

There is no pre-reading ahead of the course. All we ask is for you to bring yourself and your wonderful curiosity, an open mind and a willingness to learn.

Are there any prerequisites for this course?

There are no prerequisites required for this course.

Is certification from another training organization acceptable to fulfill the prerequisites?

We do accept certification from the major international certifying bodies. Please email us with a scan of your certificates and we will confirm our acceptance of your qualifications.

I cannot make these course dates, will you be running another course soon?

Courses are run at regular intervals throughout the year in Dubai. A calendar is available online and on request by email. This is a unique retreat experience so ensure your registration is received early.

I have missed the registration deadline, can I still apply?

Please bear in mind our spaces fill up early. Should you miss the deadline, please contact us and we will do everything we can to accommodate you on your chosen dates.

I have previously attended a different course with The Change Associates, do I still need to complete the registration form?

Yes, please. We ask you to complete a registration form for each one you wish to be enrolled in.